

September 2022– June 2023

FIXTURE HIGHLIGHTS

CLUBS INFORMATION & DATA

OUR NEW KS3 ASSESSMENT

OUR SOCIAL MEDIA

Caroline Chisholm School Sport

Here at Caroline Chisholm School we value the role that sport can play in developing a student's physical, mental and social well being. Whether it's developing a student's sporting talent, helping them manage their activity levels or inspiring young leaders to take on new challenges, the faculty are passionate about what can be achieved and how we can provide opportunities to make it all happen!

U12 & U14's become **DOUBLE** County Champions!

U12 Girls Football County Cup Final V KBA– 11/05/23



U12 Players

Casey R/Darja M/Millie M-W/Lily H/ Elin T/Dani- Elle G/
Maya P/Peaches M/Molly W-J/Leah G/Sienna W/ Ana B

Players Player: Molly W-J /Coaches Player: Leah G

Girls are victorious in the County Cup!

Each year girls from across the County enter the County Cup Football competitions. With over 50 schools invited it's a fantastic achievement to be crowned champions but this year CCS girls' Football achieved the feat twice! A massive well done to all the girls involved. Girls football is very popular here at CCS and teams were selected from over 100 girls at training in September.

U14 Players

Isobel S/Ellie S/Kate H/Lily B/Imogen L/Lucy T/Mia S/
Francesca G/Phoebe M/Isobel C/Maise C/Kyla S/
Radhika M

Players Player: Phoebe M /Coaches Player: Kyla S

U14 Girls Football County Cup Final V Latimer -23/03/23



Read our full match reports....

All of our match reports are on the CCS Website. Here you can find more detailed updates on all of our fixtures and successes in sport.

<https://www.ccs.northants.sch.uk/news-and-events/sports/matchreports>

Fixture Highlights

Caroline Chisholm School PE department Extra-Curricular 2022-23

U16 Boys win County Cup Final following National Cup Success



The U16 boys footballers have had a fantastic season. They bowed out of the National Cup in the last 16 losing 1-0 to the eventual finalists in a very close game here at CCS v Samuel Whitbread. 674 schools enter the competition so getting to the later stages is a great achievement.

The boys continued their dominance locally and beat Latimer 3-2 in the County Cup Final to be deservedly crowned champions. The side were captained superbly by Josh R and we are confident that many of them will go on to great things in football.

Lewis C/Jesse B/Josh R/Jaxson J/Billy H/James DH/Kieran K/
Gregory P/Leo N/Alex M/Ethan D/Alfie E/Hamza S/Tyler A/Zac S/
Logan W/Alex G/Deniz O/Harry S/Hugo RR.

Player of the season: Josh R

U12's School Games Futsal Finals

The Year 7 girls represented South Northants at the Northamptonshire Winter School Games Futsal Finals at Kettering Arena. The girls were fantastic throughout the tournament, they showed great teamwork and attacking play which resulted in the team scoring 13 goals! The girls won all their games to be crowned county futsal champions. The performances are another example of the high standards of girls' football here at Caroline Chisholm.

Peaches M/Leah G/Sienna W/Molly W-J/Maya P/Elin T/Dani-Elle G.
Players player - Dani- Elle G & Elin T /Coaches player - Dani- Elle G



U12's Girls Win Netball County Plate



In February, the Year 7 girls netball team travelled to Kettering Buccleuch Academy to take part in the County Netball Plate. They competed alongside 14 other schools. A superb performance saw them undefeated in all their games the girls qualified for the County Cup Competition at Oundle.

Casey R/Kyla H/Isla W/Peaches M/Maya P/Lily H/Millie M-W/
Molly W-J.

Players Player: Millie M-W/ Coaches Player: L. Hancock



Fixture Highlights

Caroline Chisholm School PE department Extra-Curricular 2022-23

U12's Win NTFC Tournament



In November the U12s won the NTFC tournament hosted at Northampton University. The tournament consisted of 7 schools from across the county to gain the opportunity to represent Northamptonshire at the Regional Tournament. The girls won the final on penalties securing a place at the regionals.

Player of the tournament - Dani-Elle G
Players player: Leah G / Managers Player: Molly WJ

CCS U12's represent Northampton



CCS representing Northampton



Team Players: Elin T/Dani-Elle G/ Molly W-J/ Leah G/Alex M/ Sienna W/ Lily H/Peaches M/ Players Player: Dani-Elle G /Coaches Player: Sienna W
Goal scorers: Molly W-J and Dani-Elle G/ Captain: Dani-Elle G

After winning the county NTFC Tournament our U12 girls went to the Peterborough Indoor NTFC competition to represent Northampton. The girls played tremendously well against some very talented teams from across the region. They gained so much experience playing in such a high level competition, with many girls competing a year above them. The girls showed excellent team spirit and determination throughout. They grew in confidence throughout the tournament and demonstrated some fantastic set plays.

We are proud of our links with Northampton Town FC Ladies and some of the players have visited CCS on several occasions.

Thank you for your support NTFC



Fixture Highlights

Caroline Chisholm School PE department Extra-Curricular 2022-23

U14 State School Midlands Hockey Winners!



Ellie S/Lucy K/Liv S/Isobel S/Mia S/Radhika M/Kiara K/
Felicity R/Emily M

The U14 hockey team has again had a fantastic year winning the U14 State School Midlands tournament and finishing 6th at the England Hockey State School Tier 1 festival. The team won the first ever U14 Midlands State School Festival at Rugby School. They were up against schools from all over the region. The team played exceptionally well in all 5 games, scoring 15 goals to win the tournament!

Players player: Ellie S. / Coaches player: Mia S.

Following on from this success the team was entered into the England State School Tier 1 competition at Nottingham Hockey centre. The opposition was tough but the girls showed resilience and hard work in every game.

Players player: Isobel S. / Coaches player: Emily M. Kiara K.

Twickenham Visit

A group of Year 7 girls travelled down to London to represent the school at the home of English rugby, Twickenham.

A Fantastic opportunity showcase girls rugby. They were the first girls to ever play on the main pitch as part of schools rugby day and the first CCS team to ever play at Twickenham.

The selected girls were rewarded for involvement in other teams and for many it was the first competitive rugby experience. The girls had a great day!



Gold Medallist Laura Sugar Visits CCS



As part of our work with the Mintridge Foundation we welcomed Paralympic Gold Medalist Laura Sugar. Laura worked with a group of students to develop resilience, taking opportunities as they arise and recognising that everything doesn't always go to plan! Thanks to Mintridge and Laura, we look forward to working together in the future.

Fixture Highlights

Caroline Chisholm School PE department Extra-Curricular 2022-23

Yr 10 Win South Northants League



The Year 10 Netball team were victorious this season in the South Northants league. The league incorporates all secondary schools within the district. The team worked together and played some wonderful netball against strong opposition. The team displayed great versatility during the season and this undoubtedly contributed to their success. Phoebe and Ella captained the team superbly and we look forward to future successes in Year 11.

Kiera L-R / Phoebe H / Deborah O / Ella B / Carys F / Shaan S / Chiara H / Ava R-A / Mercy N / Maddie M / Andrea C. Player of the season: Phoebe H

U16 Boys win Rugby County Cup

The Year 11 rugby team, supported by 3 Year 10 players, travelled to Rushden and Higham RUFC on to play Wollaston School. The team are current holders of the county cup and were keen to retain their crown. It was a closely contested game with Wollaston with some fantastic rugby on show.

A great effort from every player involved and a special mention to injured player Harry W who helped organise the team and keep up team morale throughout the game.

Final Score - CCS 26 - 21



Harry W / Alfie E / Harry B / Toby A / Monty L / Gregory P / Rueben K / Tudor C / Dan G / Max M / Loki P / Ethan D / Vinnie M / Jacob L / Issac M / Harley M / Dylan C / Matty P / Josh T

Player of the Match: Vinnie M

Jon Brady Visits CCS



We were very proud to welcome Northampton Town FC Manager Jon Brady to CCS in the week leading up to the last day of the season! Jon spoke to our Year 7's about his mindset and the way he works with players to achieve their goals.

EXTRA CURRICULAR CLUBS

Highlights and how to keep up to date with what's on offer

Extra curricular clubs 2022-2023

Clubs offered this year:

Football, Rugby, Basketball, Netball, Dance, Hockey, Badminton, Dodgeball, Multigym, Girls only Multigym, Volleyball, Tennis, Rounders, Cricket, Athletics and GCSE moderation sessions.

Fixtures Completed:

As a faculty we have **completed over 150** (and counting) fixtures since September. This shows remarkable commitment from both staff and students. Well done to all those students who have represented the school during this academic year.

Sports Leadership Award

Here at CCS we are proud to be certified to deliver the nationally recognised course Sports Leaders Level 2. This course looks to develop confident, healthy leaders through sport and physical activity.

Young people undertaking a qualification in Sports Leadership will learn and demonstrate important life skills such as effective communication and organisation whilst learning to lead basic physical activities to younger people, their peers, older generations and within the community.

The courses involve both guided & peer-to-peer learning and supervised leadership to ensure that learners have all the skills they need to lead basic physical activities to other people. Our qualified young leaders then have an opportunity to become a paid sports leader here at CCS and work closely with leading clubs within the PE team.

SOCIAL MEDIA

Keeping updated with what is happening at CCS

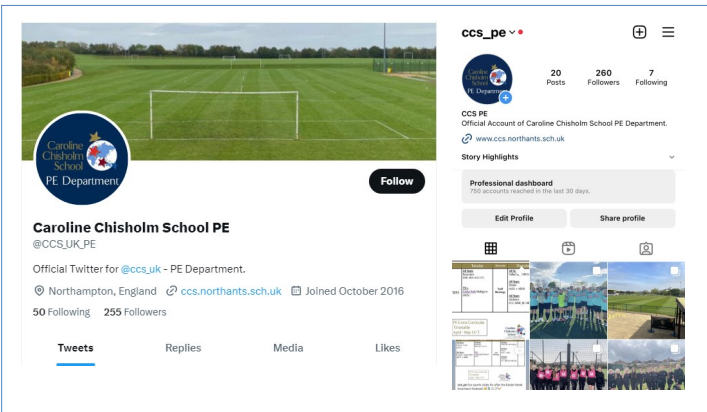
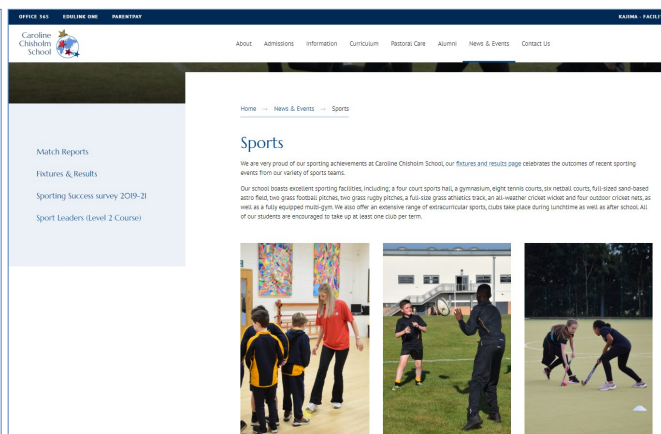


Log on to www.ccs.northants.sch.uk

You can access a wide range of information on the school website in order to keep up to date with CCS sport including all our Fixtures and Results, Match reports, team photos, student spotlights and our most recent successes.

The Sports Section can be found here:

<https://www.ccs.northants.sch.uk/news-and-events/sports>



Follow us for all the latest news....



@ccs_pe



@CCS_UK_PE

Our new KS3 Assessment

Keeping student progress and enjoyment at the heart of our PE assessment

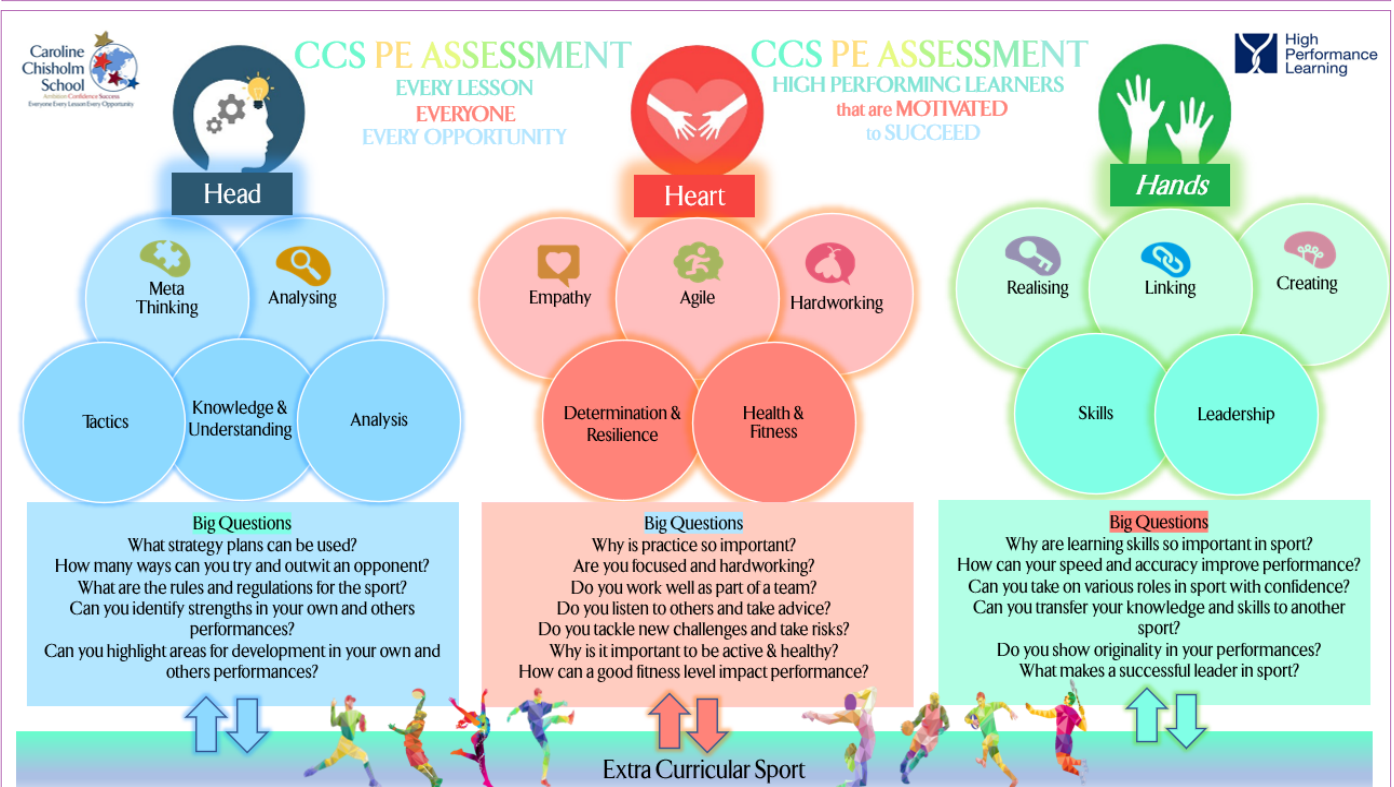
The CCS PE department have developed an assessment criteria that supports our ethos at Caroline Chisholm School. The assessment focuses on the ambition, confidence and success of students. Combining the High Performance Learning outcomes with the three key focuses of Head, Heart and Hands.

Students in Physical Education cover a wide range of activities throughout the academic year to offer a broad and balanced curriculum. Throughout all of the sports offered pupils will work on developing their skills in the following areas:

Head: Students will work on their meta thinking and analysing skills through developing tactics, devising strategy plans to outwit opponents and analysing their own and other performances.

Heart: An important aspect in student development focusing on showing they are hardworking, determined and can demonstrate empathy for others.

Hands: The core focus of lessons where pupils develop their key skills, link previous experiences, transfer knowledge and develop their leadership.



Leadership in PE

Effective leadership is essential in setting a clear vision and goals for any organisation or team. A strong leader can articulate a compelling vision for the future, inspire team members to work towards a common goal, and develop a roadmap for achieving success.

Here at CCS our leadership programme goes right from Year 7 through to our sports leaders award offered in Year 12. Our successful leaders being offered a chance at a paid position in Yr13.



Physical Education Subject Vision

A healthy mind in a healthy body.

This is the foundation upon which our school's **Physical Education and Sport** is built. Every student deserves to **feel good, be happy, have fun** and be given the **opportunity** to **represent the school** and **perform at their highest level**.

We equip students with the **skills** and **passion** to continually challenge themselves. We promote and develop a love for physical activity by providing **unforgettable experiences**, creating **friendships** and **lifelong memories** on the way.



"I am incredibly proud of the successes that have been outlined within this magazine and recognise the commitment shown by both students and staff to provide these opportunities."

The additional time taken to arrange and undertake these opportunities, often at the expense of time with their own families, is something I am extremely grateful for.

I am looking forward to many more sporting opportunities in the next academic year"

Joe Rich, Faculty Leader for PE, Health and Wellbeing