

Primary Autumn Winter 2020 Menu

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Breaded Chicken Burger with Potato Wedges Breaded chicken served in a soft bun with lettuce and mayo	Roast Gammon with Roast Potatoes and Gravy Succulent roast Gammon with fluffy roasties and tasty gravy	Pasta Bolognese ** A classic Italian beef Bolognese in a yummy tomato sauce	Golden Fish Fingers and Chips Crispy Fish Fingers and scrummy chips
Alternative Dish	Burrito (V) A soft wrap filled with lightly spiced veggies and rice	Baked Macaroni (V) Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce	Sweet Potato and Chickpea Roast with Roast Potatoes and Gravy (V) A chunky sweet potato and chickpea roast	Hotdog with Potato Wedges (V) Our favourite veggie hotdog served with ketchup in a soft sub roll	Quorn Nuggets and Chips (V) Crispy Quorn nuggets with their fave sauce – ketchup
Third Choice		Jacket Potato with Salmon Mayonnaise ***			
Packed Lunch	Ham or Cheese Sandwich or Daily Special Wrap or Baguette served with Veg Sticks And Fresh Fruit or Bear Yo Yo or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Sweetcorn	Peas	Seasonal Vegetables	Broccoli	Baked Beans Peas
Desserts	Raspberry Ripple Ice-Cream	Secret Brownie	Banana Oat Bite*	Apple and Berry Crumble* with Custard	Jelly

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



Primary Autumn Winter 2020 Menu

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	Cheese and Tomato Pizza ** with Dough Balls (V) Cheesy Tomato Topped Pizza Slice	Chicken Korma with Rice ** Succulent chicken in a mild creamy curry sauce	Roast Pork with Roast Potatoes and Gravy Crispy roast pork with fluffy roasties and tasty gravy	Lasagne with a Garlic & Herb Bread Wedge ** A classic Italian layered pasta dish with beef mince	Southern Fried Chicken Tasters Lightly seasoned crispy chicken strips and scrummy chips
Alternative Dish	Sausage and Mash with Gravy (V) Fluffy mash with veggie sausages and rich gravy	Vegetable Chilli [V] Vegetables cooked in a mild chilli sauce	Quorn Roast with Roast Potatoes and Gravy (V) <i>Succulent roasted quorn</i>	Vegetable Lasagne [V] With a Garlic & Herb Bread Wedge Layered pasta dish With Roasted Vegetables	Soft Taco and Chips (V) A soft taco shell filled with a yummy veggie tomato chilli
Packed Lunch	Ham or Cheese Sandwich or Daily Special Wrap or Baguette served with Veg Sticks And Fresh Fruit or Bear Yo Yo or Dessert of the Day				
Jacket Potato	Jacket Potato With A Choice Of Fillings				
Pasta	Tomato Pasta ** (V) A delicious fresh, homemade tomato sauce with penne pasta				
Vegetables	Sweetcorn	Peas	Seasonal Vegetables	Pea's Carrots	Baked Beans
Desserts	Strawberry Ice-cream	Fruity Muffin *	Carrot Cake	Chocolate Cake	Oatie Biscuit with Fruit Slices *

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

*Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian



