



Anti-Bullying and Prevention of Bullying Policy

Author:	Anna Crawte
Committee:	Student
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Objectives of this Policy

The Caroline Chisholm School Anti-Bullying and Prevention of Bullying Policy outlines what our school will do to prevent and tackle bullying. We take any incident of bullying very seriously and record all incidents. This policy involves and will be disseminated to all members of the school community.

Our School

- Discusses, monitors and reviews our anti-bullying policy on a regular basis
- Is aware of the potentially serious actions that can follow acts of bullying. These include psychological damage and in extreme cases, can lead to suicide
- Supports all staff to promote positive relationships and identify and tackle bullying appropriately
- Ensures that learners are aware that all bullying concerns will be dealt with sensitively and effectively, that learners feel safe to learn, and that learners abide by the anti-bullying policy
- Report back to parents and carers regarding their concerns on bullying and deals promptly with complaints. Parents and carers in turn work with the school to uphold the Anti-bullying and Prevention of Bullying Policy
- Seeks to learn from good anti-bullying practice elsewhere and utilises support from other relevant organisations when appropriate
- Celebrates and welcomes diversity

Aims

We are committed to providing a caring, friendly and safe environment for all our learners so they can learn in a positive and secure atmosphere. Bullying of any kind is unacceptable at our school.

We recognise that bullying can be very harmful and all incidents are treated very seriously. If bullying does occur, all learners should be able to report it and know that incidents will be dealt with promptly and effectively. All members of the school community should understand:

- The definition of bullying and that it will not be tolerated in our school
- The school policy on bullying and how to follow it when bullying is reported
- That support will be given when bullying is reported
- That through monitoring, reviewing and training, the school aims to develop a positive atmosphere where learners feel confident to tell if they are being bullied and that bullies can change their behaviour

Definition of Bullying

Bullying is defined as “Behaviour by an individual or a group, usually repeated over time, that intentionally hurts another individual either physically or emotionally.”

Bullying can include:

Physical bullying

- Hitting
- Kicking
- Taking/ theft of and damage to personal belongings

Verbal bullying

- Name calling, taunting, mocking, threats and offensive comments/remarks.

Indirect relational bullying

- Gossiping
- Excluding people from groups and spreading hurtful and untruthful rumours
- Producing offensive graffiti

Technological bullying

- Inappropriate text messaging and electronic messaging (including through websites, instant messaging and social networking sites)
- Sending offensive or degrading images by phone or via the internet

Forms of Bullying and Harassment Covered by this Policy

Bullying can happen to anyone. This policy covers all types of bullying, including:

- Bullying related to race, religion or culture
- Bullying related to special educational needs
- Bullying related to appearance or health conditions
- Bullying related to sexual orientation and gender/transgender concepts
- Bullying related to family type
- Bullying of young carers or looked after children or otherwise related to home circumstances
- Sexist or sexual bullying
- Cyber bullying

Definition of Cyber Bullying

“Cyber Bullying is an aggressive, intentional act carried out by a group or individual, using electronic forms of contact, repeatedly over time against a victim who cannot easily defend him or herself.”

(Report to the ABA by Goldsmiths College)

It includes:

- Bullying via websites
- Text message bullying
- Picture/video-clip bullying via mobile phone cameras
- Phone call bullying via mobile phone
- Email bullying
- Chat room bullying through instant messaging (IM)

Implementing & Promoting E-Safety

Bullying can occur in and out of school and therefore both parents and the school need to work together. A contract is to be completed by each student when given access to the school's internet and every parent agreeing to safe and responsible internet use at school to highlight the responsible

use of the internet and promote the school's anti-cyber-bullying message (please see our Online Safety Policy).

Preventing, Identifying and Responding to Bullying

We will:

- Work with staff and outside agencies to identify all forms of prejudice-driven bullying (*Prejudice is an unjustified or incorrect attitude towards an individual based solely on the individual's membership of a social group.*)
- Actively provide systematic opportunities to develop learners' social and emotional skills, including their resilience, tolerance and support for managing relationship conflict
- Consider all opportunities for addressing bullying including through the curriculum, displays, through peer support and whole school activities
- Train all staff, including lunchtime staff, teaching and learning support assistants and non-teaching staff to identify bullying and follow school policy and procedures on bullying
- Identify any bullying hotspots/hidden places within the school environment
- Commit to preventing and responding effectively to the bullying of protected and vulnerable groups of children including disabled children / children with SEN, those who are or perceived to be LGBT, race and religion targeted, sexist and sexual bullying in accordance with the Equality Act 2010.
- Actively create "safe spaces" for vulnerable children and young people during structured and unstructured times (lunch and break times)
- Regularly canvas children's and young people's views on the extent and nature of bullying
- Ensure students know how to express worries, concerns and anxieties about bullying and promote a 'telling culture' throughout the school
- Ensure all students are aware of the range of consequences which may be applied against those engaging in bullying behaviour
- Involve students in anti-bullying campaigns in school
- Publicise the details of helplines and websites
- Offer support to students who have been bullied
- Work with students who are perpetrators of bullying behaviour in order to address the problems they have
- Where appropriate, apply appropriate consequences to the bully

Links with other School Policies and Practices

This policy links with a number of other school policies, practices and action plans including:

- Online/E-Safety Policy
- Safeguarding policy
- Complaints Policy
- Behaviour Policy
- The teaching of PSHE & Citizenship education and social and emotional learning
- The recording of racially motivated incidents

Responsibilities

All staff have a responsibility for:

- Monitoring learners in their care by being observant and asking learners what is happening to them
- Liaising with other staff, including the Designated Safeguarding Lead (DSL)
- Knowing the school policy and implementing it in accordance with school procedures, when dealing with incidents
- Taking part in anti-bullying measures and contributing to strategy and solutions
- Reporting and recording all incidents. All incidents must be recorded on SIMS even though a verbal report may have been given
- Involving learners in creating positive strategies through PHSE, the student voice and class routines

Further Responsibilities:

- The senior staff take a lead role in monitoring and reviewing this policy
- The Principal and staff will promote the policy within our community

Procedures

We have a clear procedure so learners know who to tell and staff know how to record incidents so that patterns can be observed. This is:

- Report bullying incidents to staff
- In cases of serious bullying staff will record the incident/incidents
- The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
- Support will be offered to the student being bullied
- In serious cases parents will be informed and will be asked to come to a meeting to discuss the problem
- Application of an appropriate consequence
- Every effort will be made to help the bully (bullies) change their behaviour
- Staff working with learners who have been bullied must always offer reassurance
- Learners who have been bullied will be given support determined by the senior leaders and in consultation with the student appropriate to their age
- Parents of learners who are being bullied and parents of the bully may be involved in designing and providing the solution as appropriate
- We will endeavour to change the attitude and behaviour of the bully (bullies) in line with the positive procedures identified with the strategies
- Any of the school's formal consequences can be used as appropriate
- If necessary and appropriate, police will be consulted

Outcomes

- The bully (bullies) may be asked to genuinely apologise
- Consequences may be applied in accordance with our Behaviour Policy
- In serious/severe cases, fixed-term or even permanent exclusion will be considered
- If possible, the learners will be reconciled through restorative approach
- After the incident(s) have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place

Review

We will seek to review this policy at annually, as well as if incidents occur that suggest the need for review.

The school will continue to use guidance from DfE and the Anti-Bullying Alliance to inform its action planning to prevent and tackle bullying.

Appendix 1 – Support Services

Students and parents can contact the following organisations for information and support:

Anti-Bullying Campaign

- Helpline: 020 7378 1446 (9.30 am – 5.30 pm)
- This organisation produces leaflets and information for parents.

Childline

- Freepost: 1111, LONDON, N1 0BR
- Freephone: 0800 1111
- www.childline.org.uk
- A 24-hour helpline for children and young people who wish to discuss their problems. They also welcome calls from young people who are engaged in bullying type behaviour.

Child Exploitation & On-line Protection Centre

- www.ceop.police.uk

Cybersmile Foundation - Cyberbullying

- www.cybersmile.org/

Kidscape

- 2 Grosvenor Gardens, London, SW1W 0DH
- Helpline for Parents: 0171 730 3300 (10.00am – 4.00pm, Monday – Friday)
- www.kidscape.org.uk
- They provide free leaflets and booklets for parents and teenagers about bullying.

National Child Protection Line

- Freephone: 0800 800 500
- A 24-hour helpline for anyone concerned about a child at risk of abuse (including bullying). A child may also use this helpline.

National Society for the Prevention of Cruelty to Children (NSPCC)

- Helpline: 0808 800 50000
- www.nspcc.org.uk

British Association of Counselling

- 1 Regent Place, Rugby, Warwickshire, CV21 2PJ
- Telephone: 01788 578328
- Members of BAC have experience of a wide range of counselling. Write enclosing a SAE for a list of counsellors in your area.