

# Activities to practise ACPs and VAAs with your family

These challenges are designed for all of the family to enjoy. Some involve competition and some will make you think hard. Reflect on how you used the ACPs and VAAs. Did you achieve high performance?

## The Art Challenge

Each member of the family must draw a self portrait using only a pen/pencil and paper.

## The Quiz Challenge

Create a family quiz. Each member of the family chooses a category e.g. Music and writes 5 challenging quiz questions.

## The Learning Challenge

Each member of the family has to teach everyone in the family something new.

## The Family Challenge

Work together to create a mood board or collage that represents your family.

## The Time Capsule Challenge

Make a time capsule together that will represent life in 2020. It should contain no more than 10 things.

## The Kindness Challenge

Each member of the family has to do something kind for the rest of the family.

## The Film Challenge

Each member of the family chooses a film that you watch together. Give it a mark out of 10 and justify your decision.

## The Invention Challenge

Work together, in teams or individually to invent something new. Pitch your invention to the rest of the family. Choose a winner.

## The Memory Challenge

Choose something that you have to memorise e.g. a poem or the periodic table. What strategies did you use to memorise it?

You could cut these activities out, put them in a container and pick them at random.