



# WEEK 1

W/C: 17/04, 08/05, 29/05, 19/06, 10/07

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> V 🌿 Served with Potato Wedges	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Turkey</b> 🐟 Served with Roast Potatoes and Gravy	<b>Beef Bolognese</b> 🌿 Served with Wholemeal Pasta and Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetable Pesto Pasta Bake</b> V	<b>Macaroni Cheese</b> V	<b>Roasted Vegetable Butterbean Crumble</b> V 🐟 Served with Roast Potatoes and Gravy	<b>Vegetarian Bolognese</b> V 🌿 Served with Wholemeal Pasta and Garlic and Herb Bread	<b>Vegetable Dippers</b> V Served with Chips
JACKET POTATO	<b>Jacket Potato</b> V with a choice of filling	<b>Jacket Potato</b> 🐟 with a choice of fillings including salmon mayo	<b>Jacket Potato</b> V with a choice of filling	<b>Jacket Potato</b> V with a choice of filling	<b>Jacket Potato</b> V with a choice of filling
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta V 🌿					
All main meals are served with two vegetables					
DESSERT	<b>Vanilla Ice Cream</b>	<b>Hot Chocolate Sponge with Chocolate Custard</b>	<b>Strawberry Jelly with Fruit</b> 🍏	<b>Fruity Picnic Bar</b> 🍏	<b>Chocolate Ice Cream</b>

**PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

V Vegetarian  
 🐟 Oily Fish  
 🌿 Wholegrain  
 🍏 Fruity!  
 🐟 Nutritionist's Choice  
 H Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 2

W/C: 24/04, 15/05, 05/06, 26/06, 17/07

SPRING/SUMMER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b> 🌱 🌾 Served with Potato Wedges	<b>Chinese Chicken and Vegetable Rice</b> 🌱 🐟 Served with Potato Wedges	<b>Roast Gammon</b> Served with Roast Potatoes and Gravy	<b>Beef Lasagne</b> 🌾 Served with Garlic and Herb Bread	<b>Breaded Fish Fingers</b> Served with Chips
JACKET POTATO	<b>Vegetable Pastry Roll</b> 🌱 Served with Potato Wedges	<b>Cauliflower Macaroni Cheese</b> 🌱 🐟 Served with Potato Wedges	<b>Sweet Potato Chickpea Roast</b> 🌱 Served with Roast Potatoes and Gravy	<b>Vegetarian Lasagne</b> 🌱 🌾 Served with Garlic and Herb Bread	<b>Vegetable Dippers</b> 🌱 Served with Chips
JACKET POTATO	<b>Jacket Potato</b> 🌱 with a choice of filling	<b>Jacket Potato</b> 🐟 with a choice of fillings including salmon mayo	<b>Jacket Potato</b> 🌱 with a choice of filling	<b>Jacket Potato</b> 🌱 with a choice of filling	<b>Jacket Potato</b> 🌱 with a choice of filling
<b>Tomato Pasta</b> Fresh, homemade tomato and basil sauce with penne pasta 🌱 🌾					
All main meals are served with two vegetables					
DESSERT	<b>Oat Chocolate Cookie with Fruit</b> 🍏	<b>Orange Jelly</b>	<b>Chocolate and Banana Marble Cake</b>	<b>Banana and Apricot Flapjack with Fruit</b> 🍏	<b>Strawberry Ice Cream</b>

**PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

🌱 Vegetarian 🐟 Oily Fish 🌾 Wholegrain  
 🍏 Fruity! 🐟 Nutritionist's Choice 🌱 Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



# WEEK 3

W/C: 01/05, 22/05, 12/06, 03/07

**SPRING/SUMMER 2023**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese and Tomato Pizza</b>  Served with Potato Wedges	<b>Mexican Beef Tortilla Pie</b>  Served with Wholegrain Rice	<b>Roast Pork Picnic Plate</b> Served with Herb Diced Potatoes	<b>Butter Chicken Curry</b>  Served with Wholegrain Rice	<b>Southern Fried Chicken</b> Served with Chips
	<b>Vegetarian Bolognese</b>  Served with Wholemeal Pasta	<b>Mexican Vegetable Tortilla Pie</b>  Served with Wholegrain Rice	<b>Cheesy Ploughman's Picnic Plate</b>  Served with Bread	<b>Macaroni Cheese</b> 	<b>Tomato Vegetable Burger</b>  Served with Chips
JACKET POTATO	<b>Jacket Potato</b>  with a choice of filling	<b>Jacket Potato</b>  with a choice of fillings including salmon mayo	<b>Jacket Potato</b>  with a choice of filling	<b>Jacket Potato</b>  with a choice of filling	<b>Jacket Potato</b>  with a choice of filling
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	<b>Mango Frozen Yoghurt</b>	<b>Berry Flapjack with Fruit</b> 	<b>Chocolate Brownie with Fruit</b> 	<b>Pineapple Upside Down Cake with Custard</b>	<b>Chocolate Milkshake and Shortbread</b>

**PACKED LUNCH**  
Ham or cheese sandwich or daily special with veg sticks and fresh fruit or Bear Yoyo or dessert of the day

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain  
 Fruity! Nutritionist's Choice Halal Available

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.