



# Year 8 Term 3 Newsletter

### Dear parents and carers,

### Children's Mental health focus:

This term it's with a huge amount of pride that I spotlight the compassionate spirit shown by the year group. Fostering empathy has been a real focus for the students and it has been lovely to see them exemplify this quality as they've developed their understanding of children's mental health.

Year 8 has been participating in lots of wellbeing initiatives this term, especially for Children's Mental Health Week. We heard in assembly about the recent wellbeing survey results and the work being done in response. This includes encouraging everyone to feel comfortable talking about mental health, which was promoted in new videos last week. Olivia (pictured) won the Secondary competition to design a wellbeing display and 8HDN triumphed in the 'Wellbeing Mythbuster' quiz where each form had to decipher the myths about bullying and mental health. The video for this is available here if you would like to take up the challenge yourself.



Applications also opened for the new 'Wellbeing Champions' network, which will launch this Spring. It has been excellent to see our Year 8 students getting involved in these initiatives to join in conversations about mental health and find ways to help improve how the school supports people. You can find out more about our work with Wellbeing Award for Schools on the wellbeing area of our school website at: https://www.ccs.northants.sch.uk/ wellbeing.

## Upcoming Events

School Closes: Friday 16th February

School Re-opens: 26th February

#### Next Celebration Assembly:

W/c 25th March

## **Student Reminders**

Remember to be careful when crossing the road outside school.

Uniform checks will continue next term. Remember,: Blazers to be worn at all times, black socks only, no leggings to be worn except for PE and hoodies should not be worn under blazers. Well done to 8CS/ 8LHN for consistently high standards in form and for winning the form challenge this term.

We have three available places on the upcoming German exchange trip. If you are interested in taking part and are currently studying German, please get in touch with Mr Scott to register your interest.



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## Celebration Assembly and Sporting Highlights:

### Under 13 Girls and Boys Hockey Tournament

CCS headed to Moulton College for the first hockey fixtures of the term. Both the U13 girls and boys teams played against strong sides from Malcolm Arnold and Northampton School. All players showed fantastic determination, teamwork and hockey skills. CCS scored a total of 11 goals and demonstrated brilliant hockey skills in both attack and defence.



U13 boys: Coaches player Harris Davison (8CA) U13 Girls: Coaches player Annabelle Atkinson (8CS)

Finally, to end on a positive, in our termly Celebration assembly we celebrated a range of student achievements this term. Among the many accolades awarded, I was pleased to see our students have been working collaboratively to improve their form achievement points and to collectively improve uniform standards. Well done to JOH and SHW for maintaining exceptional uniform standards

this term. HDN won the prize for highest achievement points this term. Well done to all of our students for their perseverance and hard work this term.

Have a wonderful break,

Jennifer Fields Year 8 Performance Leader

