

Year 7 Science Curriculum Rationale

Here at Caroline Chisholm, the Science department aims to pass on a passion for science to the students. Throughout the course students will be encouraged to use metacognition to begin to develop skills that will allow them to adapt and contribute to in an ever-changing world. Their new theoretical knowledge will promote an intellectual curiosity, playfulness, confidence and passion for science and the wider community.

Within the science curriculum there are many engaging practical activities in lessons along with extracurricular opportunities throughout the year. Students study biology, chemistry and physics throughout the year focusing on the basic core principles that will be built on in the years to come. Pupils are encouraged to be open-minded and to not be afraid of getting things wrong- using their new and developing skills allowing them to persevere and ultimately succeed whilst having some fun.

Unit	Core knowledge/skill development:	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
Introduction to science	Basic health and safety in the laboratory, core skills (methods, diagrams,	 Health and Safety Finding your way around the laboratory 	General assessment common across all topics/year	HSW- Risk assessing a practical, correct use of scientific diagrams, safe	Automaticity Automatically adhering to safety rules	Common across all topics/year:
	names of equipment etc).	(equipment) 3. Using a Bunsen burner 4. Using a	Baseline assessments in week 3.	working with Bunsen burners etc Literacy- correct	Risk-taking work in interesting but unfamiliar	Quizzes set on Century tech 30min per week relating to taught content.
		microscope 5. Fun/simple experiments to practice skills	Summative assessments throughout each topic (e.g hinge questions, multiple-	names of scientific equipment	contexts and show confidence in a science laboratory when doing experiments	Use of key web- based resources to enrich and enhance learning e.g. Century
7A - Cells, tissues, organs and systems	This unit covers the following statements from the UK National Curriculum for	7Aa Life processes 7Ab Organs	choice, true-or-false, vocabulary matching, cloze activities and short-answer	HSW- use appropriate techniques, apparatus, and	Imagination Interconnecting prior ks1/2 science knowledge and	Tech, Seneca Learning, Educake, Active Learn etc.
	Science (2013) • Cells as the	7Ac Tissues 7Ad Cells	questions in lesson (written, digital and/or verbal).	materials during fieldwork and laboratory work,	relate to current learning.	Entry to competitions as they arise.
	fundamental unit of living	7Ae Organ systems		paying attention to health and safety	Practice	STEM fair - spring term.



Unit:	Core knowledge/skill development	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	organisms, including how to observe, interpret and record cell structure using a light microscope The functions of the cell wall, cell membrane, cytoplasm, nucleus, vacuole, mitochondria and chloroplasts The similarities and differences between plant and animal cells The hierarchical organisation of multicellular organisms: from cells to tissues to organs to systems to organisms.		Use of web-based applications to assess knowledge in lesson (e.g. Century Tech, Seneca Learning, Educake, Active Learn etc.) Summary block tests 3 per year including theory, skills, and practical assessment. End of year exam.	(using a light microscope and preparing light microscope slides) Maths- use symbols for units. Literacy- Conventions in scientific writing	to practice key factors relating to practical work which is then linked to GCSE core work.	After school clubs for robotics. Quizzes set on Century tech 30min per week relating to taught content
7I Energy	This unit covers the following statements from the UK National	7la Energy from food 7lb Energy transfers and stores		HSW/Maths - using ratios to compare experimental results. Calculate efficiency	Big picture thinking To work with the big idea linked to energy (The total amount of	



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	Curriculum for Science (2013): Comparing energy values of different foods (from labels) (kj) comparing amounts of energy transferred (J, kj, kw hour) fuels and energy resources other processes that involve energy transfer: changing motion, dropping an object, completing an electrical circuit, stretching a spring, metabolism of food, burning fuels energy as a quantity that can be quantified and calculated; the total energy has	7lc Fuels 7ld Other energy resources 7le Using resources		Literacy - summarising texts. HSW - Energy specific 'language'	energy in the universe is always the same but can be transferred from one energy store to another during an event) Perseverance To face the difficulties in this unit (especially dealing with concept and maths) and not give up.	



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	the same value before and after a change.					
7G Particles	This unit covers the	7Ga Solids, liquids		HSW - understand	Meta-cognition	
	following statements	and gases		that scientific	use of different	
	from the UK National			hypotheses, methods	thinking approaches	
	Curriculum for	7Gb Particles		and theories develop	and transfer	
	Science (2013):			as earlier	knowledge of	
	• The properties of	7Gc Brownian		explanations are	particles from one	
	the different	motion		modified to take	circumstance (e.g.	
	states of matter			account of new	linking properties of	
	(solid, liquid and	7Gd Diffusion		evidence and ideas,	a liquid like flow to	
	gas) in terms of			together with the	the organisation of	
	the particle	7Ge Air		importance of	the particles through	
	model, including	pressure/Waste		publishing results	the use of a model).	
	gas pressure			and peer review		
	(Chemistry)			make predictions	Creative and	
	 Similarities and 			using scientific	enterprising	
	differences,			knowledge and	Being creative with	
	between solids,			understanding	thinking to allow	
	liquids and gases			present observations	learning of	
	(Physics)			and data using	conceptual theories	
	Brownian motion			appropriate	that we can't see.	
	in gases (Physics)			methods, including	Use new knowledge	
	Differences in			tables and graphs.	to explain concepts.	
	arrangements, in					
	motion and in			Literacy - how		
	closeness of			scientists use		
	particles.			language to measure		
	(Physics)			and compare by		



Unit	Core knowledge/skill development	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
				applying adjectives,		
				comparatives, and		
				superlatives.		
				Maths - converting		
				between metres and		
				nanometres		
				calculating volumes		
				using simple		
				formulae		
7C- Muscles and	This unit covers the	7Ca Muscles, fitness		Literacy -	Intellectual	_
oones	following statements	and breathing		Information can be	confidence	
	from the UK National			presented in different	To communicate	
	Curriculum for	7Cb Muscles and		ways to	personal views based	
	Science (2013):	blood		communicate	on evidence when	
	The structure and			scientific ideas	discussing links to	
	functions of the	7Cc The skeleton		clearly. This includes	issues in health and	
	gas exchange			understanding	choices people make	
	system in	7Cd Muscles and		sentence		
	humans.	moving		construction to		
	 The mechanism 			develop sentences	Confident	
	of breathing to	7Ce Drugs and sport		that can be used as	deal with new	
	move air in and			part of a fluid	challenges and	
	out of the lungs			writing style that	situations when	
	including simple			communicates	discussing issues that	
	measurements of			information clearly	maybe familiar to	
	lung volume.				them such as a	
	• The structure and			HSW - understand	specific health	
	functions of the			that scientific	problem.	
	human skeleton,			methods and		



Unit:	Core knowledge/skill Sec development:	quence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	to include			theories develop as		
	support,			earlier explanations		
	protection,			are modified to take		
	movement and			account of new		
	making blood			evidence and ideas,		
	cells.			together with the		
	Biomechanics –			importance of		
	the interaction			publishing results		
	between skeleton			and peer review.		
	and muscles,					
	including the			7Cb- Ask questions		
	measurement of			and develop a line of		
	force exerted by			enquiry based on		
	different muscles			observations of the		
	The function of			real world, alongside		
	muscles and			prior knowledge, and		
	examples of			experience		
	antagonistic					
	muscles					
	The impact of					
	exercise on the					
	human gas					
	exchange system					
	The effects of					
	recreational					
	drugs (including					
	substance					
	misuse) on					
	behaviour, health					



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	and life processes					
7K Forces	This unit covers the following statements from the UK National Curriculum for Science (2013): • forces as pushes or pulls, arising from the interaction between two objects using force arrows in diagrams, adding forces in one dimension, balanced and unbalanced forces • Forces: associated with deforming objects; stretching and squashing —	7Ka Forces/Different forces (incl. weight and mass) 7Kb Springs 7Kc Friction 7Kd Pressure 7Ke Balanced and unbalanced		HSW - the need for using standard units of measurement (including the SI system, its basic units and prefixes). Literacy - the use of conventions when communicating science taking notes from presentations and videos (including the ordering of notes). Maths - the use of conventions when communicating science, the SI system	Precision to work effectively within the rules of a domain (specific rules linked to forces) Collaborative Working in teams throughout the practical work in this unit	
	springs; with rubbing and friction between surfaces, with					



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	pushing things					
	out of the way;					
	resistance to					
	motion of air and					
	water (briefly)					
	Forces measured					
	in newtons,					
	Measurements of					
	stretch or					
	compression as					
	force is changed					
	force–extension					
	linear relation;					
	Hooke's Law					
	As a special case					
	pressure					
	measured by					
	ratio of force					
	over area –					
	acting normal to					
	any surface					
	Opposing forces					
	and equilibrium:					
	weight held by					
	stretched spring					
	or supported on					
	a compressed					
	surface forces					
	being needed to					
	cause objects to					



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	stop or start moving, or to change their speed or direction of motion change depending on direction of force and its size					



Unit:	Core knowledge/skill development:	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development	Home learning and enrichment
7H Atoms and elements	This unit covers the following statements	7Ha Sorting resource data/The air we		HSW - present observations and	Generalisation to see how	
elements	from the UK National	breathe		data using	knowledge of	
	Curriculum for	Diedule		appropriate	particles could be	
	Science (2013):	7Hb Earth's elements		methods, including	extrapolated to other	
	The concept of a	71 ID Lartins elements		tables and graphs	similar situations	
	pure substance	7Hc Metals and non-		understand and use	Similar Situations	
	mixtures,	metals		SI units and IUPAC		
	including	ITICIAIS		(International Union	Enquiring	
	dissolving	7Hd Making		of Pure and Applied	challenge	
	Differences	compounds		Chemistry) chemical	assumptions/	
	between atoms,	Compounds		nomenclature.	concepts and seek	
	elements and	7He Chemical		mornericiatare.	evidence for the laws	
	compounds	reactions/ Problems		Literacy - the use of	of conservation of	
	Chemical	with elements		facts and opinions to	mass	
	symbols and			inform and persuade.		
	formulae for					
	elements and			Maths - qualitative		
	compounds			and quantitative data		
	Combustion,			the use of: tables;		
	thermal			line graphs; scatter		
	decomposition,			graphs; pie charts;		
	oxidation and			and bar charts.		
	displacement					
	reactions					
	The varying					
	physical and					
	chemical					
	properties of					



Unit:	Core knowledge/skill development	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	different elements The composition of the Earth The difference between chemical and physical changes (physics) Atoms and molecules as particles (physics).					
7D Ecosystems	This unit covers the	7Da Variation		HSW - present	Seeing alternative	
	following statements from the UK National	7Dh Adaptations		observations and	perspectives to take on the views	
		7Db Adaptations		data using		
	Curriculum for			appropriate	of others and deal	
	Science (2013):			methods, including	with complexity and	



Unit:	Core knowledge/skill development:	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development	Home learning and enrichment
	• The	7Dc Effects of the		tables and graphs	ambiguity especially	
	interdependence	environment		interpret	discussing current	
	of organisms in			observations and	affairs like COP27,	
	an ecosystem,	7Dd Effects on the		data, including	climate change news	
	including food	environment		identifying patterns	etc.	
	webs and insect			and using		
	pollinated crops	7De Transfers in food		observations,	Flexible Thinking	
	 How organisms 	chains		measurements and	to abandon one idea	
	affect, and are			data to draw	for a superior one or	
	affected by, their			conclusions	generate multiple	
	environment,				solutions – more	
	including the			Literacy- information	than one way to	
	accumulation of			can be presented in	transfer energy	
	toxic materials			different ways to		
	 Differences 			communicate		
	between species			scientific ideas		
	The variation			clearly. This includes		
	between			understanding		
	individuals within			paragraph		
	a species being			construction to		
	continuous or			develop logical and		
	discontinuous, to			fluid text that		
	include			communicates		
	measurement			information clearly.		
	and graphical					
	representation of			Maths - data can be		
	variation			presented in bar		
	The variation			charts data can be		
	between species			presented in scatter		
	and between			graphs data can be		



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	individuals of the			presented in		
	same species			frequency diagrams		
	means some					
	organisms					
	compete more					
	successfully,					
	which can drive					
	natural selection					
	The importance					
	of maintaining					
	biodiversity and					
	the use of gene					
	banks to					
	preserve					
	hereditary					
	material					
7E Mixtures and	This unit covers the	7Ea Mixtures		HSW - use	Self-regulation	
Separations	following statements			appropriate	to monitor, evaluate	
	from the UK National	7Eb Solutions		techniques,	and self-correct as	
	Curriculum for			apparatus, and	this topic builds on	
	Science (2013):	7Ec Evaporation		materials during	the particles units	
	 Mixtures, 			fieldwork and	completed earlier in	
	including	7Ed Chromatography		laboratory work,	the year.	
	dissolving simple			paying attention to		
	techniques for	7Ee Distillation		health and safety.		
	separating				Fluent thinking	
	mixtures:				to generate ideas as	
	filtration,			Literacy - Use flow	pupils have enough	
	evaporation,			charts to present	knowledge to be	
	evaporation,			sequences.	really creative	



Unit:	Core knowledge/skill development:	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	distillation and chromatography.			Appreciate that the way in which scientific ideas are presented is determined by the purpose and format of the communication. Use conventions and symbols when	·	
				communicating science.		
7B- Sexual reproduction in animals	This unit covers the following statement from the UK National	7Ba The scientific method		HSW- understand that scientific methods and	Generalisation to see how what is happening in this	
	Curriculum for Science (2013): • Reproduction in	7Ba Animal sexual reproduction		theories develop as earlier explanations are modified to take	instance could be extrapolated to other similar situations as	
	humans (as an example of a mammal),	7Bc Becoming pregnant		account of new evidence and ideas, together with the	sexual reproduction isn't limited to humans.	
	including the structure and function of the	7Bd Gestation and birth		importance of publishing results and peer review ask	Resilience remain confident,	
	male and female reproductive systems, menstrual cycle	7Be Growing up		questions and develop a line of enquiry based on observations of the	focused, flexible and optimistic as this is often a topic pupils find hard to discuss	
	(without details of hormones),			real world, alongside	in writing or verbally.	



Unit:	Core knowledge/skill development:	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	gametes,			prior knowledge, and		
	fertilisation,			experience.		
	gestation and			Make predictions		
	birth, to include			using scientific		
	the effect of			knowledge and		
	maternal lifestyle			understanding.		
	on the foetus			Select, plan and carry		
	through the			out the most		
	placenta.			appropriate types of		
				scientific enquiries to		
				test predictions,		
				including identifying		
				independent,		
				dependent and		
				control variables,		
				where appropriate.		
				Literacy - making		
				effective notes from		
				text, including		
				different ways of		
				organising notes		
				depending on		
				purpose.		
				Maths - an		
				understanding of		
				number, size and		
				scale and the		
				quantitative		



Unit:	Core knowledge/skill development:	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
				relationship between		
				units. Using		
				estimations and		
				explaining when they		
				should be used.		
8A – food and	This unit covers the	8Aa nutrients		HSW- understand	Generalisation	
nutrition	following statement	8Ab uses of nutrients		that scientific	to see how what is	
	from the UK National	8Ac Balanced diets		methods and	happening in this	
	Curriculum for	8Ad digestion		theories develop as	instance could be	
	Science (2013):	8Ae absorption		earlier explanations	extrapolated to other	
	 the content 			are modified to take	similar situations as	
	of a healthy human			account of new	sexual reproduction	
	diet: carbohydrates,			evidence and ideas,	isn't limited to	
	lipids (fats and oils),			together with the	humans.	
	proteins, vitamins,			importance of		
	minerals, dietary fibre			publishing results	Resilience	
	and water, and why			and peer review ask	remain confident,	
	each is needed			questions and	focused, flexible and	
	 calculations 			develop a line of	optimistic as this is	
	of energy			enquiry based on	often a topic pupils	
	requirements in a			observations of the	find hard to discuss	
	healthy daily diet			real world, alongside	in writing or verbally.	
	• the			prior knowledge, and		
	consequences of			experience.		
	imbalances in the			Make predictions		
	diet, including			using scientific		
	obesity, starvation			knowledge and		
	and deficiency			understanding.		
	diseases			Select, plan and carry		
				out the most		



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	• the tissues			appropriate types of		
	and organs of the			scientific enquiries to		
	human digestive			test predictions,		
	system, including			including identifying		
	adaptations to			independent,		
	function and how the			dependent and		
	digestive system			control variables,		
	digests food			where appropriate.		
	(enzymes simply as					
	biological			Literacy - making		
	• the			effective notes from		
	importance of			text, including		
	bacteria in the			different ways of		
	human digestive			organising notes		
	system			depending on		
				purpose.		
				Maths - an		
				understanding of		
				number, size and		
				scale and the		
				quantitative		
				relationship between		
				units. Using		
				estimations and		
				explaining when they		
				should be used.		
8L Earth and space	• gravity force,	8La Gathering the		HSW- understand	Generalisation	
	weight = mass x	evidence		that scientific	to see how what is	
	gravitational field	8Lb Seasons		methods and	happening in this	



Unit:	Core knowledge/skill development:	Sequence:	Assessment:	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
	strength (g), on Earth	8Lc Magnetic earth		theories develop as	instance could be	
	g=10 N/kg, different	8Ld Gravity in space		earlier explanations	extrapolated to other	
	on other planets and	8Le Beyond the solar		are modified to take	similar situations as	
	stars; gravity forces	system		account of new	sexual reproduction	
	between Earth and			evidence and ideas,	isn't limited to	
	Moon, and between			together with the	humans.	
	Earth and sun			importance of		
	(qualitative only)			publishing results	Resilience	
	• our sun as a			and peer review ask	remain confident,	
	star, other stars in			questions and	focused, flexible and	
	our galaxy, other			develop a line of	optimistic as this is	
	galaxies			enquiry based on	often a topic pupils	
	 the seasons 			observations of the	find hard to discuss	
	and the Earth's tilt,			real world, alongside	in writing or verbally.	
	day length at			prior knowledge, and		
	different times of			experience.		
	year, in different			Make predictions		
	hemispheres			using scientific		
	 the light year 			knowledge and		
	as a unit of			understanding.		
	astronomical			Select, plan and carry		
	distance			out the most		
				appropriate types of		
				scientific enquiries to		
				test predictions,		
				including identifying		
				independent,		
				dependent and		
				control variables,		
				where appropriate.		



Unit:	Core knowledge/skill development:	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development:	Home learning and enrichment
				Literacy - making effective notes from text, including different ways of organising notes depending on purpose.		
				Maths - an understanding of number, size and scale and the quantitative relationship between units. Using estimations and explaining when they should be used.		
7J Current electricity	• electric current, measured in amperes, in circuits, series and parallel circuits, currents add where branches meet and current as flow of charge 7Ja-7Jd	7Ja – switches and current 7Jb- models for circuits 7Jc -series and parallel circuits 7Jd-changing the current 7Je-Using electricity.		HSW- understand that scientific methods and theories develop as earlier explanations are modified to take account of new evidence and ideas, together with the importance of publishing results	Generalisation to see how what is happening in this instance could be extrapolated to other similar situations as sexual reproduction isn't limited to humans. Resilience	



Unit:	Core knowledge/skill development:	Sequence:	Assessment	Literacy, numeracy, PSHE, FBV, other links	ACP and VAA development	Home learning and enrichment
				and peer review ask	remain confident,	
				questions and	focused, flexible and	
				develop a line of	optimistic as this is	
				enquiry based on	often a topic pupils	
				observations of the	find hard to discuss	
				real world, alongside	in writing or verbally.	
				prior knowledge, and		
				experience.		
				Make predictions		
				using scientific		
				knowledge and		
				understanding.		
				Select, plan and carry		
				out the most		
				appropriate types of		
				scientific enquiries to		
				test predictions,		
				including identifying		
				independent,		
				dependent and		
				control variables,		
				where appropriate.		
				Literacy - making		
				effective notes from		
				text, including		
				different ways of		
				organising notes		
				depending on		
				purpose.		



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				Maths - an		
				understanding of		
				number, size and		
				scale and the		
				quantitative		
				relationship between		
				units. Using		
				estimations and		
				explaining when they		
				should be used.		