

WEEK 1

THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR	BURGER BAR	HOT DISHES Paninis, Pittas and Burritos Pasta and Sauces 🌿 Freshly Baked Pizza Soup and Bread 🌿 Jacket Potato and Toppings 🌿 🌿 🐟
	JERK CHICKEN BURGER with Cajun Wedges and Sweetcorn	AMERICAN BBQ MAC & CHEESE BURGER with Cajun Wedges and Sweetcorn 🌿	
TUE	SPICE IS NICE	SPICE IS NICE	
	CHICKEN KORMA 🌿 🍷 with Rice, Turmeric Bread and Salad	BURMESE BIRYANI 🌿 🌿 🍷 with Rice, Turmeric Bread and Salad Wedges and Corn on the Cob	
WED	PITTA REPUBLIC	PITTA REPUBLIC	
	PERSIAN PORK BITE PITTA with Salad	LOADED TAGINE PITTA 🌿 🍷	
THUR	FAVOURITES	FAVOURITES	
	BEEF LASAGNE with Garlic and Herb Wedges and Sweetcorn	SWEET POTATO AND MIXED BEAN SAUSAGE ROLL 🌿 with Garlic and Herb Wedges and Sweetcorn	
FRI	THAT'S A WRAP	THAT'S A WRAP	
	CRISPY CHICKEN KATSU WRAP with Chips and Baked Beans or Peas	TEX MEX BEAN BURRITO 🌿 with Chips and Baked Beans or Peas	

HOT DISHES

- Paninis, Pittas and Burritos
- Pasta and Sauces 🌿
- Freshly Baked Pizza
- Soup and Bread 🌿
- Jacket Potato and Toppings 🌿 🌿 🐟

SALADS

- Pasta Pots 🌿 🌿 🍷
- Salad Shakers 🌿 🌿 🍷

THE DELI

- Variety of fillings offered in: 🌿 🌿
- Wraps 🌿 🍷
- Baguettes
- American Floured Rolls
- Sandwiches 🌿 🍷

SNACKS

- Fruit Pots 🌿 🍷
- Cake Slices
- Dessert Pots and Bars
- Cookies and Biscuits 🌿

Nutritionist's Choice
 Vegetarian
 Vegan
 Oily Fish
 Wholegrain
 Halal

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	<p>BURGER BAR</p> <p>BBQ CHICKEN BURGER with Garlic and Herb Wedges and Salad</p> <p>SPICE IS NICE</p> <p>THAI RUBBED PORK 🍖 with Vegetable Rice, Salad and Asian Gravy</p> <p>PITTA REPUBLIC</p> <p>TIKKA CHICKEN PITTA with Sweetcorn</p> <p>STREET</p> <p>CHICKEN SHAWARMA with Kebab Salad and Sweet Chilli Mayo</p> <p>FRIDAY FAVOURITES</p> <p>BATTERED FISH with Chips and Baked Beans or Peas</p>	<p>BURGER BAR</p> <p>SMASHED MEXICAN BEAN BURGER 🌱🍷 with Garlic and Herb Wedges and Salad</p> <p>SPICE IS NICE</p> <p>CHICKPEA AND SQUASH CURRY with Vegetable Rice and Salad 🌱🍷</p> <p>PITTA REPUBLIC</p> <p>POTATO, PEPPER AND MELTED CHEESE PITTA 🌱 with Sweetcorn</p> <p>STREET</p> <p>SATAY VEGETABLE RICE NOODLES 🌱🍷</p> <p>FRIDAY FAVOURITES</p> <p>KATSU DIPPERS 🌱 with Chips and Baked Beans or Peas</p>	<p>HOT DISHES</p> <p>Paninis, Pittas and Burritos Pasta and Sauces 🍷 Freshly Baked Pizza Soup and Bread 🌱 Jacket Potato and Toppings 🌱🍷</p> <p>SALADS</p> <p>Pasta Pots 🌱🍷 Salad Shakers 🌱🍷🍷</p> <p>THE DELI</p> <p>Variety of fillings offered in: 🌱🍷 Wraps 🍷 Baguettes American Floured Rolls Sandwiches 🍷</p> <p>SNACKS</p> <p>Fruit Pots 🌱🍷 Cake Slices Dessert Pots and Bars Cookies and Biscuits 🌱</p>
TUE			
WED			
THUR			
FRI			

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WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	<p>BURGER BAR</p> <p>DOUBLE BEEF BURGER with Spiced Wedges and Salad</p> <p>STREET</p> <p>JERK CHICKEN with Rice & Peas</p> <p>PIITTA REPUBLIC</p> <p>TEX MEX CHICKEN PITTA with Salad</p> <p>PAN ASIAN</p> <p>THAI RED CHICKEN CURRY with Rice and Sweetcorn</p> <p>FRIDAY FAVOURITES</p> <p>KOREAN GLAZED CHICKEN GOUJONS with Chips and Baked Beans or Peas</p>	<p>BURGER BAR</p> <p>TIKKA ROSTI BURGER  with Spiced Wedges and Salad</p> <p>STREET</p> <p>MIXED BEAN CHILLI  with Rice, Peas and Crunchy Tortilla</p> <p>PIITTA REPUBLIC</p> <p>MORROCAN SPICED VEGETABLE PITTA  with Salad</p> <p>PAN ASIAN</p> <p>SWEET AND SOUR VEGETABLES with Rice and Sweetcorn </p> <p>FRIDAY FAVOURITES</p> <p>MAC & CHEESE  with Vegetables</p>	<p>HOT DISHES</p> <p>Paninis, Pittas and Burritos Pasta and Sauces  Freshly Baked Pizza  Soup and Bread  Jacket Potato and Toppings  </p> <p>SALADS</p> <p>Pasta Pots   Salad Shakers   </p> <p>THE DELI</p> <p>Variety of fillings offered in:   Wraps  Baguettes American Floured Rolls Sandwiches </p> <p>SNACKS</p> <p>Fruit Pots  Cake Slices Dessert Pots and Bars Cookies and Biscuits </p>
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  Vegan
  Oily Fish
  Wholegrain
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