

WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR JERK CHICKEN BURGER with Cajun Wedges and Sweetcorn	BURGER BAR AMERICAN BBQ MAC & CHEESE BURGER with Cajun Wedges and Sweetcorn 	HOT DISHES Paninis, Pittas and Burritos Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings 
TUE	SPICE IS NICE CHICKEN KORMA  with Rice, Turmeric Bread and Salad	SPICE IS NICE BURMESE BIRYANI  with Rice, Turmeric Bread and Salad Wheat-free, Dairy-free, Nut-free	SALADS Pasta Pots  Salad Shakers 
WED	PITTA REPUBLIC PERSIAN PORK BITE PITTA with Salad	PITTA REPUBLIC LOADED TAGINE PITTA  with Salad	THE DELI Variety of fillings offered in:  Wraps  Baguettes American Floured Rolls Sandwiches 
THUR	FAVOURITES BEEF LASAGNE with Garlic and Herb Wedges and Sweetcorn	FAVOURITES SWEET POTATO AND MIXED BEAN SAUSAGE ROLL  with Garlic and Herb Wedges and Sweetcorn	SNACKS Fruit Pots  Cake Slices Dessert Pots and Bars Cookies and Biscuits 
FRI	THAT'S A WRAP CRISPY CHICKEN KATSU WRAP with Chips and Baked Beans or Peas	THAT'S A WRAP TEX MEX BEAN BURRITO  with Chips and Baked Beans or Peas	

 Nutritionist's Choice  Vegetarian  Vegan  Oily Fish  Wholegrain  Halal

Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR BBQ CHICKEN BURGER with Garlic and Herb Wedges and Salad	BURGER BAR SMASHED MEXICAN BEAN BURGER  with Garlic and Herb Wedges and Salad	HOT DISHES Paninis, Pittas and Burritos Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings  
TUE	SPICE IS NICE THAI RUBBED PORK  with Vegetable Rice, Salad and Asian Gravy	SPICE IS NICE CHICKPEA AND SQUASH CURRY with Vegetable Rice and Salad  	SALADS Pasta Pots   Salad Shakers   
WED	PITTA REPUBLIC TIKKA CHICKEN PITTA with Sweetcorn	PITTA REPUBLIC POTATO, PEPPER AND MELTED CHEESE PITTA  with Sweetcorn	THE DELI Variety of fillings offered in:   Wraps  Baguettes American Floured Rolls Sandwiches 
THUR	STREET CHICKEN SHAWARMA with Kebab Salad and Sweet Chilli Mayo	STREET SATAY VEGETABLE RICE NOODLES  	SNACKS Fruit Pots   Cake Slices Dessert Pots and Bars Cookies and Biscuits 
FRI	FRIDAY FAVOURITES BATTERED FISH with Chips and Baked Beans or Peas	FRIDAY FAVOURITES KATSU DIPPERS  with Chips and Baked Beans or Peas	

 Nutritionist's Choice



 Vegetarian

 Vegan

 Oily Fish



Wholegrain

 Halal

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WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	BURGER BAR DOUBLE BEEF BURGER with Spiced Wedges and Salad	BURGER BAR TIKKA ROSTI BURGER  with Spiced Wedges and Salad	HOT DISHES Paninis, Pittas and Burritos Pasta and Sauces  Freshly Baked Pizza Soup and Bread  Jacket Potato and Toppings  
TUE	STREET JERK CHICKEN with Rice & Peas	STREET MIXED BEAN CHILLI   with Rice, Peas and Crunchy Tortilla	SALADS Pasta Pots   Salad Shakers   
WED	PIITTA REPUBLIC TEX MEX CHICKEN PITTA with Salad	PIITTA REPUBLIC MORROCAN SPICED VEGETABLE PITTA   with Salad	THE DELI Variety of fillings offered in:   Wraps  Baguettes American Floured Rolls Sandwiches 
THUR	PAN ASIAN THAI RED CHICKEN CURRY  with Rice and Sweetcorn	PAN ASIAN SWEET AND SOUR VEGETABLES with Rice and Sweetcorn  	SNACKS Fruit Pots   Cake Slices Dessert Pots and Bars Cookies and Biscuits 
FRI	FRIDAY FAVOURITES KOREAN GLAZED CHICKEN GOUJONS with Chips and Baked Beans or Peas	FRIDAY FAVOURITES MAC & CHEESE  with Vegetables	

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