

# ANTI-BULLYING AMBASSADORS



FROM THE DIANA AWARD

WHAT IS AN ABA?

# OUR AIMS

- To make sure that all students feel safe to talk to us and can trust our advice.
- To encourage as many people as possible to tell us their experiences in their own time.
- To spread the word about anti-bullying so students are aware.
- To put together different events to raise awareness.
- To decrease the amount of people that are getting bullied.
- To create a safe environment for students.
- To help people to overcome their horrible experiences.
- To get everyone to know that even though they are getting bullied they can still talk to us.
- To give students classes about bullying so they are knowledgeable about the situation that are online and offline.
- To make a difference to people's lives and to our school in general.
- To create a family and homely atmosphere for when they tell us what has happened.
- **Our goal is to put an end to all bullying.**

# TYPES OF BULLYING

**Flaming or Trolling** - this is where a person deliberately starts arguments on the internet with the aim of provoking an individual or group into a reaction.

**Catfishing** - this is where a bully will create a fake profile and post mean comments on the victims posts online.

**Outing or Exposing** - where an individual will post online, for everyone to see, secrets and personal information online where the victim has not given consent for this person to do this.

**Cyberstalking** - this can become very scary and dangerous. Cyberstalking is repeatedly messaging someone, sometimes following someone- as you can understand this may make you feel unsafe

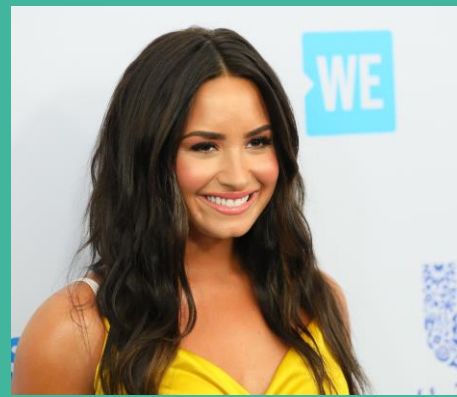
**Exclusion** – Intentionally leaving people out

**Online Sexual Harassment** – Forcing people to do something

**Denigration** – Spreading rumours about someone (false information)



Ashley  
Banjo



Demi Lovato



Tom Daley

# CELEBRITIES WHO HAVE BEEN BULLIED

Victoria  
Beckham



Marcus  
Butler



# HOW TO REPORT BULLYING?

We can help with;

- Cyber Bulling
- Physical Bulling
- Verbal Bullying

Where will we be?

- We will have an anonymous post box
- You can approach an ABA
- You can e-mail any of the ABA's on the school e-mail site

# SLOGAN COMPETITION

Due: Friday 18<sup>th</sup> May

**Make a  
NOISE  
about bullying**

#MYTRUESELFIE

Because taking a selfie has become such a large part of our society, the Diana Award has chosen to set up a Hashtag on Instagram to let you express yourself by taking a Selfie.

There are a lot of stickers and emotes you can use to show how you really feel and show your inner feelings.

## Your True Selfie

You can also put on any words you would like to make sure you really describe your feelings.





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